

Course

Races begin at 9:30 and 10:00 a.m. from Memorial School in Manchester on Saturday April 4, 2009

1 Mile Race Route – 9:30 a.m.

Race begins at Memorial School and loops up to School Street. (Lincoln, to Arbella, to School, to Lincoln). It will end by going down Lincoln Street and right at Memorial School to FINISH LINE.

5K Race Route – 10:00 a.m.

A relatively flat and well-marked course begins and ends at Memorial School. Course winds through rural back roads (Forest St./Mill St.) to main roads (School, Brook, and Norwood to Lincoln.)

Directions to Memorial School

From Route 128 (North or South), take Exit 15 onto School Street. Proceed mile and take a left onto Lincoln Street. mile to Manchester Memorial School on right.

Parking

Available at Manchester-Essex Junior/Senior Regional High School, on left before Memorial School and at Sweeney Park.

Registration/Number Pick-Up

Memorial School

Thursday, Friday April 2nd and 3rd
2:30-3:30 p.m. and
Saturday, April 4th, 2009
8:10-9:10 a.m.



Manchester PTO Road Race

Pricing for Entries prior to March 25, 2009

Pre-Entry Adult	\$18.00
Child	\$ 7.00
Family	\$40.00

Pricing after March 25, 2009

Race Day Adult:	\$23.00
Child	\$ 9.00
Family	\$50.00

All prices include breakfast



Award Categories

Gift certificates given to first overall male and female.









Medals given to first overall male and female winners and top 3 male/female finishers in each age category:

*Plus Awards to all children
in the 1 Mile Fun Run/Walk*

Help Us Celebrate!

After the race there will be an Awards Ceremony, refreshments and raffle and entertainment!

General Information

-  Official results and timing for both races
-  Face painting
-  Raffles
-  Music and Entertainment
-  Pre- and post-race massage
-  Manchester Police Department traffic control
-  Rain or shine
-  Breakfast

DONATIONS WELCOME!

Entry Form

Register Today

All entry forms must include payment and signed waiver. Make checks payable to **Manchester PTO Road Race**.

Return completed entry form and check to:

Manchester PTO **Road Race**

Memorial School

43 Lincoln Street

Manchester, MA 01944

There will also be a drop-off box in the school lobby.

**Free T-Shirts
to First 50 Pre-Registered Entries**

Be Race Specific When Entering



Event Proceeds Rain or Shine!

Circle 1M or 5K

Name _____

Address _____

Phone _____

Sex _____

Age _____ T-Shirt Size _____

Signature _____

Date _____

(Parent signature if under 18)

Release and Waiver: I assume all risks associated with running/walking this event. In consideration of your accepting this entry, I hereby for myself and my heirs, executors, or administrators, waive and release all rights and claims for damages I may have against the Manchester PTO, the town of Manchester, the Manchester Essex Regional School District, Essex County Club, any sponsors, all race officials and volunteers, and any other individuals or organizations associated with this event for any death, personal injury, or property damage arising from or in the course of my participation in this event.